



DR. PLAXTON
ELEMENTARY SCHOOL

THE BUZZ

NOVEMBER 2021 NEWSLETTER



PRINCIPAL'S MESSAGE

BY ERIN HURKETT

Hello Dr. Plaxton Families!

Dr. Plaxton staff are hoping everyone enjoyed the month of October (the Halloween costumes were fun to see!) and are looking forward to another eventful month in November! Staff have been learning and implementing the phonics, spelling and word study lessons we learned about during our PL days, and the kids are learning a lot! Thanks to our parent volunteers who are helping with laminating and preparation of those materials. We have a lot coming up in the school, so please enjoy this month's issue of "The Buzz." Please reach out if you have any questions or concerns. Take good care!

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PICTURE RETAKE DAY

NOVEMBER 8

Picture retake day is Monday, November 8th. E-Learning classes are welcome to come between 8:45-9:45 AM. Students requiring retakes are asked to bring their original proofs with them.



REMEMBRANCE DAY CEREMONY

NOVEMBER 10

The Dr. Plaxton Grade 4 Choral Remembrance Day performance will be shared with the school community. A recording will be made available for parents to view.



2021 marks the 100th Anniversary of the Remembrance Poppy in Canada.

INDIGENOUS VETERANS DAY

NOVEMBER 8

First Nations, Metis, and Inuit people have a long and proud military history in Canada. Indigenous Veterans Day is on November 8th. [Check out this resource if you haven't had a chance.](#)

REPORT CARDS

NOVEMBER 26

Report cards will be live and can be accessed through [PowerSchool.](#)

KINDERGARTEN PARENT TEACHER CONFERENCES

NOVEMBER 15 & 16

kindergarten parent teacher conferences will be held via Microsoft Teams.

There will be no school for kindergarten students on November 15 and 16.

[The link to the bookings page is here.](#)

UPCOMING DATES TO REMEMBER:

REMEMBRANCE DAY - November 11 (No School)

NO SCHOOL - November 12

KINDERGARTEN PARENT TEACHER CONFERENCES - November 15 & 16 (No School for Kindergarten)

SCHOOL COUNCIL MEETING- November 17

REPORT CARDS - November 26

HOT LUNCH

November 15



Our first ever hot lunch will be on Monday, November 15 and will feature SUBWAY. Hot lunch is available to order through [SchoolCash Online](#)

FROM OUR INDIGENOUS EDUCATION OFFICE

Learn more about Roc Your Mocs, Louis Riel Day, and Metis by clicking on the links below:



ROCK YOUR MOCS
NOVEMBER 14-19

LOUIS RIEL DAY
NOVEMBER 16

METIS



NOVEMBER NEWSLETTER

WORLD KINDNESS DAY (INTERNATIONAL)

November 13

Starting as random acts of kindness, the movement now has members in over 17 countries including Canada, USA, Australia, Nigeria and the United Arab Emirates. Singapore observed the day for the first time in 2009. The purpose of this day, celebrated November 13th of each year, is to help everyone understand that compassion for others is what binds us all together

NOVEMBER MULTICULTURAL CELEBRATIONS

Hello November! Check out a small sampling of celebrations that our school communities may be observing this month by clicking on the picture



Thank you!

Thank you for trusting us and sending us your children each and every day.

"THE LOOP"

As a school community, it is important for us to be familiar with the many ways our city and local community is able to support us. THE LOOP is intended to connect Lethbridge School Division students, staff and families with: learning opportunities, mental health and wellness supports, community based programs and activities, scholarship application information, post-secondary connections and other community family support initiatives.

Please visit our website or click the image below to access the November edition of THE LOOP.

THE LOOP

NOVEMBER 2021



Hello, Lethbridge School Division students, staff and families!...and community partners.

We are living in tough times and we are fortunate to live in a community that provides a multitude of services to support you or someone you care about. THE LOOP is intended to connect Lethbridge School Division students, staff and families with: learning opportunities, mental health and wellness supports, community based programs and activities, scholarship application information, post-secondary connections and other community family support initiatives. If you would like to submit information for THE LOOP, please email kathy.mundell@lethsd.ab.ca ❤️

MyHealth.Alberta.ca

Alberta Health Services

Alberta Government

Virtual Education Sessions

[CLICK HERE to sign up for the CES newsletter](#)

[CLICK HERE to register for sessions](#)

- Nov 4** Real Talk: Break the Cycle of Domestic Violence 6:30-8:00 PM
- Nov 6** Super Dads Super Kids 10:00 AM-11:30 AM
- Nov 15** Stress and Healthy Coping: Helping Youth Address Their Stress 11 AM-12:30 PM
- Nov 15** Stress and Healthy Coping: Helping Youth Address Their Stress 6:30 PM-8:30 PM
- Nov 17** Supporting LGBTQ2S+ Children and Youth: A Workshop for Parents and Family Members 11:00 AM-1:00 PM
- Nov 17** Dare to Care: Bully Proofing your Child 6:30 PM-8:00 PM
- Nov 18** Juno House presents: Healthy Brains = Healthy Children 11:00 AM-12:30 PM
- Nov 18** Screen time: The Good, the Bad & the Ugly 6:30 PM-8:30 PM
- Nov 22** Kids Have Stress Too 6:30 PM-8:30 PM
- Nov 23** Children's Mental Health During the COVID-19 Pandemic: Strategies for Parent and Child Wellbeing 1:00PM-2:30 PM
- Nov 24** Mental health for highly sensitive teens; unique struggles for these emotional feelers 1:00 PM-2:30 PM
- Nov 24** There's no mental health without spiritual health 6:30 PM-8:00 PM
- Nov 25** 2E Gifted Children: Covid-19 & Well-Being 6:30 PM-8:00 PM
- Nov 29** Managing the Holidays through Mindfulness: Supporting Your Child's Social and Emotional Well-being 1:00PM-3:00 PM
- Nov 30** Understanding and Using Mental Toughness to Enhance Performance: When Toughness is Really NOT About Being "Tough." 6:30 PM-8:00 PM
- Dec 2** Giving the gift of knowledge - Your guide to saving for a child's post-secondary education 6:30 PM-8:00 PM
- Dec 13** Burnout & Boundaries During Covid 10:30 AM-12:00 PM

CHINOOK SEXUAL ASSAULT CENTRE

Healing starts with believing

For all genders and all ages throughout Southern Alberta

#ibelieveyou
#UHaveThePower

It is not your fault.
403-694-1094
1 (844) 576-2512

502- 740 4TH Avenue S

MOVING FORWARD

An opportunity to connect with peers in a safe, flexible, open-minded environment

Every Tuesday in November (Drop in)
2:30 PM to 4:30 PM
Registration required
Cost: Free (unlimited sessions)
Participants: Female Identifying Individuals

Age 18+

Need Support?

KidsHelpPhone.ca
1 800 668 6868

Kids Help Phone
J'aime moi-même, j'écoute

686868
AND BE CONNECTED TO OTHER HELPERS

Kids Help Phone
J'aime moi-même, j'écoute

24hr free Mental Health HELPLINE
1-877-303-2642

Text4Hope
393939

24hr free ONLINE support for Albertans
togetherall.com

ADDITION HELPLINE

Black Youth Helpline
TOLL FREE 1-833-294-8650

1-866-332-2322