



**DR. PLAXTON**  
ELEMENTARY SCHOOL

# THE BUZZ

OCTOBER 2023 NEWSLETTER



## PRINCIPAL'S MESSAGE

BY ANDY TYSLAU

*Hello Dr. Plaxton Families!*

*Congratulations to students and parents for a very successful September start! We have immensely enjoyed having all our students back, and are thrilled to be welcoming many new faces to our school community. Our classrooms and learning spaces are buzzing with energy, creativity, and collaboration as students begin the deep learning of critical thinking in their subject areas. We continue to have opportunities for parents to volunteer in classes - please check with your child's teacher for more information! Parent-teacher interviews are at the end of the month, so please check the calendar and sign-up for a time slot to meet with your child's teacher(s). Enjoy the beautiful fall colours everyone!!*

## PICTURE DAYS

### October 10 & October 11

Picture days are on Tuesday, October 10 and Wednesday, October 11. **Please check below for your student's picture day:**

#### Tuesday, October 10

T/Th Kindergarten, Gr. 1, Gr. 4

#### Wednesday, October 11

M/W Kindergarten, Gr. 2, Gr. 3, Gr. 5



## GET THOSE STEPS IN!

Thanks, Plaxton! 😊 We love seeing our families cross the street safely at the crosswalks! It might take an extra minute or two to use the west or east crosswalks, but we appreciate seeing our students use these safely to get to school. Parents, please utilize the parking lot for drop off, or the road on either side of the pilons and bus lanes. Please do not park within the pilons and bus lanes and remind your children to take a few extra steps to cross at the crosswalk. Thank so much for your help with this!



## DATES TO REMEMBER

#### Monday, October 9

Thanksgiving Day - No School

#### Tuesday, October 10

Picture Day - T/Th Kindergarten, Gr 1 & Gr 4

#### Wednesday, October 11

Picture Day - M/W Kindergarten, Gr 2, Gr 3 & Gr 5

#### Tuesday, October 17

Indigenous Bingo Night - 5:30 pm

#### Wednesday, October 18

School Council - 7:00 pm

#### Tuesday, October 24

Kindergarten Interviews 8:30 am - 4:00 pm  
**No school for kindergarten students only**

#### Wednesday, October 25

AM - Staff Professional Learning  
PM - K-Gr 5 Interviews 1:00-8:00 pm  
**No school for all students**

#### Thursday, October 26 & Friday, October 27

School-based Professional Learning  
**No school for all students**

#### Tuesday, October 31

Halloween Parade 9:30 am  
Parents welcome to attend parade!

### LINKS (one click away)

- [INDIGENOUS ED. NEWSLETTER](#)
- [MULTI-CULTURAL & DIVERSITY NEWSLETTER](#)
- [DIGITAL DETOURS](#)
- [WELLNESS BYTE](#)
- [LETHBRIDGE RECREATIONAL HOCKEY](#)

## GRADE 5 VOLLEYBALL SEASON BEGINS SOON!



Please keep an eye out for more information from our coaches.

Season will start

October 30th and run until November 24th. Games will be after school on Mondays and Wednesdays.

October 20-27

SAVE  
the  
DATE

BOOK  
FAIR

#ScholasticBookFairs

## NUTRITION GRANT UPDATE

*In the spring, our school was successful in receiving \$5000*



*in funding for our Farm to Table nutrition grant initiative. The goal of our nutrition program is to empower and educate elementary students with the knowledge and skills necessary to make healthy food choices, emphasizing the importance of a balanced diet and incorporating more vegetables into their meals. By fostering connection with local farms, greenhouses and/or suppliers, we intend to promote an understanding of where food comes from and the benefits of supporting local food systems. Beginning this month, some of our grade five students will be taking part in preparing healthy snacks connected to the local potato farmers in and around the Lethbridge area, namely from the Vauxhall region. The grade fives will prepare, season and serve samples to all students this month and our school population will also learn a little bit about the "potential of potatoes". 😊 More information will be sent to parents soon!*

## SCHOOL COUNCIL

*Meets on October 18th in the Art Room at 7PM. All parents/guardians are welcome and encouraged to attend.*

## STUDENT LEARNING

*It is so rewarding to see our student learning buzzing during these busy October days. Classrooms are exciting learning communities as they engage in meaningful activities that embrace our new curriculum and build strong foundational skills for students. Our staff is amazing, and they are getting to know each student and their individual sparkle! Teachers are busy creating new goals for the year based on student strengths and areas for growth. One thing that makes a HUGE difference in student learning and student wellness is...**SLEEP!** 😊 It's amazing how much more students can engage socially and academically when they have adequate sleep. Did you know that sleep helps prepare your brain to learn, remember, and create? A good sleep sets students up for a great day at school!*

## PLAYGROUND LINES ARE IN

*Students are greatly enjoying the new playground lines painted by our division maintenance team. We appreciate their time and energy in getting these painted this school year!*



VOLUME 1

Digital Wellness Edition

ISSUE 1



# PARENT NIGHT



## THE TRUTH ABOUT YOUTH: CULTIVATING DIGITAL WELLNESS

The Lethbridge School Division and Holy Spirit Catholic School Division would like to warmly welcome parents, students, and staff to an evening of insight and collaboration. A collection of panel members with multidisciplinary viewpoints will be offering perspectives about youth and digital wellness. This event is intended to deliver guidance and support for families and individuals who are navigating parenting in the digital age. The panel members will be answering questions that have been submitted by parents (using the attached QR Code), and delivering their professional insights.

FOR MORE INFORMATION ABOUT DIGITAL WELLNESS, CLICK [HERE](#)

QUESTION  
SUBMISSION  
AVAILABLE ON THE  
LETHBRIDGE SCHOOL  
DIVISION WEBSITE



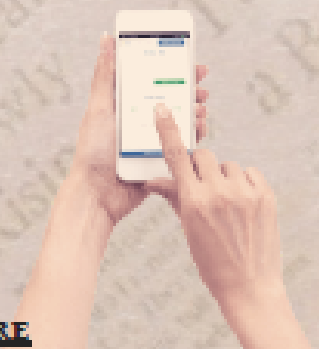
Yates Memorial  
Theatre

November 15th 2023

7:00pm-8:00pm



HOSTED BY THE  
LETHBRIDGE SCHOOL  
DIVISION IN  
COLLABORATION  
WITH HOLY SPIRIT  
CATHOLIC SCHOOL  
DIVISION



# INDIGENOUS FAMILY BINGO NIGHTS ELEMENTARY



The Lethbridge School Division Indigenous Education Team invites Indigenous families and school staff to a night of BINGO, prizes, food, & fun!

## West Side BINGO:

October 5th 5:30 @ Mike Mountain Horse Elementary  
Families from Mike Mountain Horse, Nicholas Sheran, Coalbanks, & Probe

## North Side BINGO:

October 12th 5:30 @ Park Meadows Elementary  
Families from Park Meadows, Senator Buchanan, Westminster, ICES, & Galbraith

## South Side BINGO:

October 17th 5:30 @ Dr. Robert Plaxton Elementary  
Families from Dr. Robert Plaxton, Fleetwood Bawden, Agnes Davidson, General Stewart, & Lakeview

